

Sustaining the Journey presents...



As a tool to draw us out of the world's negative vortex, and to help sustain your journey through the week, Bob Soeder and Mary Hrich offer this weekly dose of inspiration:

"Do to others whatever you would have them do to you."

– Jesus of Nazareth
(Matthew 7:12a)

"Positive thinking is more than just a tagline. It changes the way we behave. And I firmly believe that when I am positive, it not only makes me better, but it also makes those around me better."

– Harvey Mackay

*Harvey Mackay is a nationally syndicated columnist and author of the best-selling book Swim With the Sharks Without Being Eaten Alive. A successful entrepreneur, his company's motto is: *Do what you love, love what you do, and deliver more than you promise.**